

NEWS RELEASE—Calgary Counselling Centre

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For Immediate Release:

Bridging the Cycle—Addressing Domestic Abuse in our Community

CALGARY—Today’s report on domestic abuse brings a very serious issue to head. In light of the most recent, tragic loss in our community, it is important to bring awareness to the fact that beneath the heartbreaking loss of life and the needless suffering of Alberta families there is reason to hope.

“It is possible to break the cycle of abuse. Effective counselling, along with a strong, coordinated community response allows us to dig beneath the surface of anger and violence to reveal that underneath there exists a layer of hope—hope and motivation for change and the reduction of abuse for these people and their families,” says C.E.O. of Calgary Counselling Centre, Robbie Babins-Wagner.

Calgary Counselling Centre is concerned about all forms of domestic abuse, which is why counselling in this area is a constantly increasing priority at the Centre. The Centre urges anyone with domestic difficulties involving physical or emotional abuse to seek help.

In addition to counselling for individuals, Calgary Counselling Centre offers numerous Family Violence group counselling programs, including:

- Responsible Choices for Men: counselling for men who are abusive in an intimate relationship to overcome and deal with aggression.
- Responsible Choices for Women: counselling for women who are abusive in an intimate relationship to overcome and deal with aggression.
- You Are Not Alone: counselling for women who have experienced abuse within intimate relationships.
- A Turn for the Better: counselling for men who have experienced abuse within intimate relationships.
- Responsible Choices for Children and Parents: counselling for kids who are aggressive or abusive at home or at school, and for those kids who have experienced bullying.

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For more information, please contact:

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