

Calgary Counselling Centre presents

# Domestic Abuse Treatment Webinar Series

**Theme #2: Strategies for Change: The Impact of Motivational Interviewing on Offender's Readiness for Change**

Part 2 of 3: Integration of Motivational Interviewing into Domestic Violence Treatment: The How To's

**Speaker: Michael Clark**

**Monday, Mar. 19, 2012**

**1:00- 2:00 p.m. (MST)**

It is exhausting to try and convince someone to do something they don't want to do. Lecturing and punishment are poor methods to engender behavior change. There is great difference between reluctance to change—a condition that rest within a DV client, and resistance to change—a condition that occurs between the DV client and the helping professional. Participants will increase their ability to respond to a DV client's resistance by learning how to "roll with resistance"—rather than oppose it directly (which only serves to make it worse!). Increase your tool box by practicing several key techniques to reduce reluctance and keep sessions productive!

## Who should attend:

If you have clients affected by domestic abuse, this webinar will help you do your job. Get practical knowledge you can apply immediately.

## Participants will learn:

- Participants will be able to define the concepts of client ambivalence and client discrepancy and explain why these conditions influence positive behavior change with domestic violence (DV) clients.
- Participants will be able to explain why direct confrontation impedes behavior change

**Registration:** [https://www.regonline.com/DAT\\_Webinar](https://www.regonline.com/DAT_Webinar)

**Contact:** [webinar@calgarycounselling.com](mailto:webinar@calgarycounselling.com)

## Biography



Michael D. Clark (MSW, LMSW) served for 18 years as a probation officer and magistrate, and now currently directs the Center for Strength-Based Strategies located in Michigan ( [www.buildmotivation.com](http://www.buildmotivation.com) ). This Center has provided technical assistance and training to the United Nations Office on Drugs & Crime (UNODC), the US Departments of Justice (DOJ) and Health and Human Services (DHHS), the American Probation & Parole Association and the Correctional Service of Canada, along with and a host of other mulit-national organizations.

Mr. Clark is a member of the Motivational Interviewing Network of Trainers (MINT) and has provided training and/or onsite technical assistance throughout North America, Europe and the Pacific Rim.

**Michael Clark**



**Wilson Centre For Domestic Abuse Studies**

Calgary Counselling Centre trains today's mental health proctitioners - we've been educating students since 1962 and have been offering specialized family violence training for over 25 years.