

Calgary Counselling Centre CEO Awarded Prestigious Provincial Award

Calgary, AB – Sept. 28, 2015 – Calgary Counselling Centre CEO Dr. Robbie Babins-Wagner is the 2015 recipient of the Lieutenant Governor’s Circle on Mental Health and Addiction True Leadership Award.

The yearly awards honour successful efforts to reduce stigma, encourage recovery and strengthen programs and services for mental health and addiction. The five award categories recognize individuals with lived experience, program and service providers, leaders and innovators from the public and not-for-profit and private sectors.

“This award is extremely meaningful to me and my team at Calgary Counselling Centre,” Babins-Wagner explains. “We see it as a tribute to the thousands of Albertans who strive to improve their own mental health and well-being. It is also a demonstration of our impact and leadership in this province.”

Babins-Wagner says her work is about creating positive change. Some of her success includes ensuring the Centre provides first language service to clients, research that incorporates the client perspective and service that does not require clients to enter a waitlist.

Under Babins-Wagner’s leadership, the Centre implemented a system to monitor client progress and client outcomes. In the last five years, individual counsellor outcomes have improved each year, client outcomes have improved by 22 per cent in the last seven years and the Centre’s results are currently exceeding published benchmarks by 32 per cent.

“There are no other published studies that demonstrate this magnitude of improvement for clients, counsellors and mental health programs,” Babins-Wagner says, adding she would like to thank her team at the Centre, the Board of Directors, the Faculty of Social Work at the University of Calgary and her family for their support throughout her career.

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